

Marysville Physical Therapy
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OFFICE POLICY PAYMENT OF ORTHOTICS

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| INITIAL ORTHOTIC EVALUATION | \$140.00 |
| (The evaluation is normally covered by insurance) | |
| FABRICATION CHARGE & ORTHOTICS | \$250.00 |
| FITTING CHARGE | 70.00 |
| (The fitting charge may or may not apply) | |
| APPROXIMATE TOTAL COST | \$460.00 |
| (Without the fitting charge) | \$390.00 |

If orthotics are recommended, we will ask for a deposit of \$125.00 the first visit, when the orthotics are to be casted. This deposit covers the casting and the molds to construct your orthotics.

Your insurance company may or may not cover the cost of custom orthotics. We want to make you aware that the balance of these charges may be your responsibility, and all non-covered amounts by your insurance company will be billed to you.

Your orthotics will be ready for pick-up within three weeks. We will notify you when your orthotics arrive and schedule an appointment at that time. The remaining balance is payable when you pick up your orthotics.

Additional orthotics can be made for you within 6 months of the original casting and may be purchased at the cost of \$125. Refurbishing of old orthotics is currently done for \$80.00 per pair. These charges are not covered by your insurance company.

Any questions regarding this policy should be directed to the front office staff. Thank you.

ORTHOTICS

What is a foot Orthotic?

A foot Orthotic is a custom manufactured device which fits inside the shoe. The top surface is made to conform exactly to the patient's foot. There are two types of Orthotics. The first is called a biomechanical or a corrective Orthotic, which is attempting to normalize the position and the motion of various joints in your foot in order to relieve pain and excessive stress caused by walking or running. The second type of Orthotic is called an accommodative Orthotic, which attempts to reduce tissue stress without changing foot position or motion. This is most commonly used with diabetic patients in our office.

How is a biomechanical Orthotic device made?

First, a cast is made of your foot and then sent to a laboratory which fabricates a shell to match the exact shape of your foot. Corrections, also known as "posts" are then applied to this shell. These posts are based upon the physical therapist's recommendations to the lab.

How does it work?

The purpose of a biomechanical or corrective Orthotic is to compensate for the structural abnormalities in your foot. This eliminates the need for your body to undergo abnormal compensations for the deformity, such as excessive flattening or excessive arching of the foot. This will reduce the abnormal forces across the bones, ligaments, muscles, and tendons. An Orthotic device can be thought of as being similar to eye glasses in that the shell fits on the body like frames while the posts provide the corrections such as lenses.

Will the Orthotic device correct the structural abnormality?

Except in the case of a very young child, Orthotic devices will not correct the structural alignment any more than eye glasses can correct vision problems. The device should significantly correct the abnormal function in your lower extremity and thereby reduce the chances of recurrence of symptoms. Additionally, it can prevent the onset of new problems.